

KING EDWARD VI ASTON - **ASSESSMENT GRID FOR PHYSICAL EDUCATION. YEARS 7 – 11**

Assessments are made throughout a series of lessons and allow a summative assessment for each activity undertaken. Your report cards will reflect an **“average grade”** where you may be stronger in one sport than another. *For example, 5 in activity 1 and 3 in activity 2 will mean your average grade is a 4.*

Assessment Objective	1	2	3	4	5	6	7
Effective Performance	The ability to play (un)conditioned game situations demonstrating LITTLE involvement with a POOR understanding of rules and etiquette.	The ability to play (un)conditioned game situations demonstrating a BASIC involvement with a LIMITED understanding of rules and etiquette.	The ability to play (un)conditioned game situations REASONABLY effectively demonstrating a SOUND understanding of rules and etiquette.	The ability to play (un)conditioned game situations WELL effectively demonstrating a GOOD understanding of rules and etiquette.	The ability to play (un)conditioned game situations VERY effectively demonstrating a VERY GOOD understanding of rules and etiquette.	The ability to play (un)conditioned game situations EXCELLENTLY demonstrating an EXCELLENT understanding of rules and etiquette.	The ability to play (un)conditioned game situations to a CONSISTANT OUTSTANDINGLY level & demonstrating an OUTSTANDING understanding of rules and etiquette.
Skills	The ability to demonstrate a VERY SMALL range of skills with NO SPEED OR PRECISION	The ability to demonstrate a SMALL range of skills with LIMITED SPEED & PRECISION	The ability to demonstrate a SOUND range of skills with REASONABLE SPEED & PRECISION. Consistency of skills is VARIABLE	The ability to demonstrate a GOOD range of skills with SOME SPEED & PRECISION. Demonstrates GOOD consistency	The ability to demonstrate a VERY GOOD range of skills with SPEED & PRECISION with SOME ADVANCED SKILLS EVIDENT. Demonstrates VERY GOOD consistency.	The ability to demonstrate an EXCELLENT range of skills with SPEED & PRECISION, with EXCELLENT consistency. Demonstrates a number of ADVANCED skills.	The ability to demonstrate an OUTSTANDING range of skills with SPEED & PRECISION, with OUTSTANDING consistency. Demonstrates a number of ADVANCED skills.
CVR Fitness	Demonstrates POOR levels of Cardio Vascular Respiratory fitness. BELOW expected levels of CVR fitness	Demonstrates JUST BELOW expected levels of Cardio Vascular Respiratory fitness	Demonstrates at least EXPECTED / ACCEPTABLE levels of Cardio Vascular Respiratory fitness	Demonstrates GOOD levels of Cardio Vascular Respiratory fitness. ABOVE expected national CVR levels	Demonstrates VERY GOOD levels of Cardio Vascular Respiratory fitness. WELL ABOVE expected national CVR levels	Demonstrates EXCELLENT levels of Cardio Vascular Respiratory fitness. SIGNIFICANTLY above expected national CVR levels	Demonstrates OUTSTANDING levels of Cardio Vascular Respiratory fitness. SIGNIFICANTLY above expected national CVR levels
Leadership	Has NO CONFIDENCE leading small groups. Little evidence of planning & delivery POOR	LACKS CONFIDENCE leading small groups. BASIC preparation and WEAK delivery	Demonstrates REASONABLE levels of leadership with small groups. Planning and delivery ACCEPTABLE	Demonstrates GOOD levels of leadership. Has GOOD levels of confidence leading small groups. Well planned and EFFECTIVE delivery	Demonstrates VERY GOOD levels of leadership. Has VERY GOOD levels of confidence leading small & larger groups. THOROUGH planning evident	Demonstrates EXCELLENT levels of leadership. Has EXCELLENT levels of confidence leading small & larger groups. IMPRESSIVE planning & delivery	Demonstrates OUTSTANDING levels of leadership. Has OUTSTANDING levels of confidence leading small & larger groups. IMPRESSIVE planning & delivery