

Dear Parent,

This letter provides you with information regarding your child's Covid-19 related absence from school.

### Remote Learning

Whilst self-isolating your child will be following their school timetable. They will need to have access to Teams at the start of each lesson.

Different teachers will teach classes in different ways throughout the course of the week.

Your child will need to log on to Teams for each lesson to see their teachers' instructions.

Teachers will be setting work for your child as they will still be teaching the remaining of the class at school. Work will be one of the following:

- Setting work to complete during the lesson time via Teams or One Note.
- Giving a powerpoint or video to watch at the start of the lesson with instructions and explanations on.

Your child will be able to communicate with their teacher through Teams but their question may not be answered until after the taught lesson.

To enable your child to learn effectively they will need an internet enabled device with a speaker on it. If you do not have access to the internet, a smart device or a device with a speaker and camera you must email your child's Year Leader as soon as possible.

Whilst school will feel different when learning remotely it is important that your child keeps up with every lesson and all set homework. Their focus and attitude during online lessons must continue to be conscientious and courteous, as it would be in class.

### Daily Form Period

Your child should participate in a daily form period with Mrs Baizon. This is to check on their well being and to ensure that they are receiving and understanding the work set on Teams and One Note. Below are the instructions that they will need to log in.

#### KS4 & 5

To participate in the COVID registration period you will need to be part of the 'KS4 & 5 COVID tutor period' Team. To join the Team please click 'Join or create a Team', from here you will need to select 'Join a team with a code'. Please enter the code u3sxdqp to join. You will need to join the registration meeting at 1pm every day. Once you have returned to school, please ensure that you leave the Team. Should you have any issues joining the Team please contact Miss Pierce (r.pierce@keaston.bham.sch.uk or use the Teams chat function).

#### KS3

To participate in the COVID registration period you will need to be part of the 'KS3 COVID tutor period' team. To join the Team please click 'Join or create a Team', from here you will need to select 'Join a team with a code'. Please enter the code 8qlsqm3 to join. You will need to join the registration meeting at midday every day. Once you have returned to school, please ensure that you leave the Team. Should you have any issues joining the Team please contact Miss Pierce (r.pierce@keaston.bham.sch.uk or use the Teams chat function).

## **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

You must inform the school of any change to your child's health and keep us updated of any COVID-19 tests and results. The email address is [covidabsence@keaston.bham.sch.uk](mailto:covidabsence@keaston.bham.sch.uk). People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority. All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

## **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirussymptoms/>. If you are concerned about your child's symptoms, or they are

worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

### **Safety and well being**

If your child has any worries or concerns whilst learning remotely you can still contact us. Teachers and year leaders are all available via email and can be anonymously contacted by pupils via the SHARP system on the website.

Thank you for your anticipated support of the children at home during their self-isolation. We are looking forward to their return to school soon.

Yours sincerely

S. Lewsey

Acting Headteacher