

## FESTIVAL OF CULTURES 2017

### FURTHER DETAILS ON THE WORKSHOPS BEING OFFERED

**1. Stage combat**

Learn how to fight like a movie star without anyone getting hurt. Will include girls in some sessions.

**2. Textile crafts**

Learn how to iron and use a sewing machine to make things out of fabric.

**3. Didgeridoo**

Learn how to play this aboriginal musical instrument. Paired with skipping. Will include girls in some sessions.

**4. Mehndi**

Traditional body art

**5. Tai Chi**

Chinese martial art. Will include girls in some sessions.

**6. Boxercise**

Participate in a range of boxing drills with a focus on fitness as well as learning a new discipline.

**7. Capoeira**

Brazilian martial art

**8. Rap battle workshop**

How to rap: Learn rhyming, flow & delivery

**9. Sound therapy**

Using sound to relax. Will include girls in some sessions

**10. Music from India & Latin America**

Participants will learn how to play instruments from both traditions to create a musical fusion.

**11. Creative writing**

By the end students will be able to write a gripping opening, better description and more believable dialogue working with a recently published author. Will include girls in one session.

**12. Making patties**

Learn how to make patties with a chef from the company that produces the most patties for commercial sale in the UK

**13. Creative writing**

Examine the use of plot, setting and characters in creative writing for books, films & video games.

**14. Photography workshop**

Work during the day to create a photographic exhibition on the environment.

**15. Gospel singing**

Learn how to sing through gospel music. Girls will be in some sessions.

**16. Ballroom dancing**

Learn how to ballroom dance. Girls attending all sessions.

**17. Bhangra/Bollywood workshop**

Dance workshop. Will include girls in some sessions.

**18. Calligraphy**

Learn the art of modern calligraphy. All materials provided.

**19. Magic**

Learn some classic magic tricks from a real master of the craft

**20. Bubble football**

Back due to popular demand

**21. Skipping**

Paired with didgeridoo. Girls in some sessions.

**22. Afro-fusion dance**

Modern dance workshop. Girls attending some sessions.

**23. Cup cake decorating**

Learn how to decorate a cake to impress your friends and relatives.

**24. American football**

Learn how to play this sport.

**25. Pottery workshop**

Learn how to work with clay. A workshop which always scores highly

**26. Improvised comedy**

Learn how to think on your feet and be funny at the same time.

**27. Circus skills**

Learn how to juggle and possibly ride a unicycle from someone who does so with ease.

**28. Making Italian bread**

Learn how to make ciabatta, focaccia and the rest.

**29. Jewellery making**

Make a gift or an item for yourself.

**30. Croquet for beginners.**

Learn how to play this intensely competitive sport. Not for the faint hearted.

**31. Pizza & smoothie making**

The last chance to take this perennially popular workshop which involves an off-site visit to a local supermarket.

**32. Cookery workshop**

Learn how to cook with an AIP chef. Will take place at Aston Manor Academy.